

## Online lessons with Bruno Meeus Dia Meters Lesson #3: Dominant Polymeters in 3/4 As published on Drummerszone.com and Slagwerkwereld.com

### 1. Warm-up With Both Hands:

When playing two different meters simultaneously, both limbs should be equal as strong, in order to avoid rhythmic confusion. The example we use is a four against three combination. It is like paradiddles alternating, only now it's the meters that alternate. Play this exercise at all tempo's.



Transpose this exercise into horizontal, vertical and diagonal combinations using hands and feet.

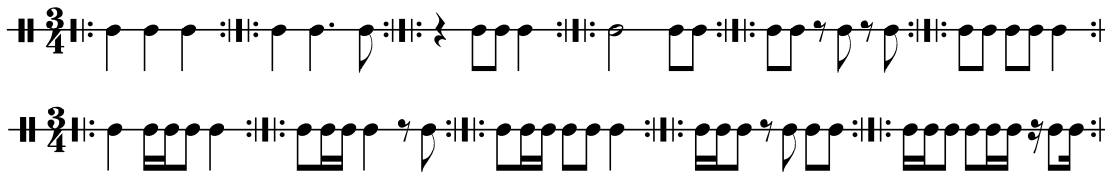
### 2. Two polymeters mutually combined

The next step is to increase the dominance of one of the polymeters by using different sound sources. Play the right hand polymer (4 note melody) on 2 toms: (Diameters 36 – 38) - cd – 21)

Tempo: 75 – 175 bpm



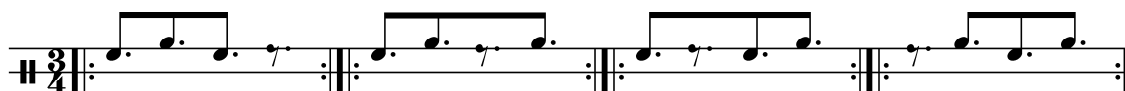
Replace the quarter notes from the example with the next patterns and do the same thing.



### 3. Super Dominant polymeters

By omitting one beat per four beats the polymer (4 note melody) will now become a super dominant polymer. Replay the exercise using the next four super dominant polymeters:

Tempo: 75 – 175 bpm



If you don't use 2 rack toms, use a tom/floor tom, or other combinations.  
Replay all exercises leading with the left hand.

Good luck! - Bruno