

# Online lessons with Bruno Meeus

## Dia Meters lesson #1: Warming Up

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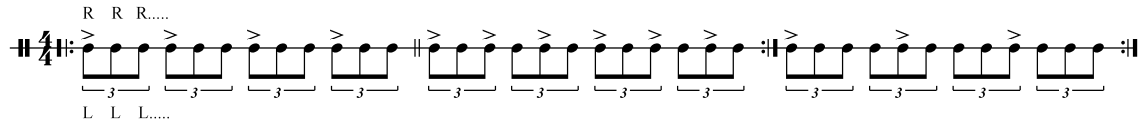
### 1. Warm Up On The Snare Drum

To play single strokes accurately and evenly, the arms and hands must receive equal training. In this first warm-up both hands play separately.

#### Exercise 1

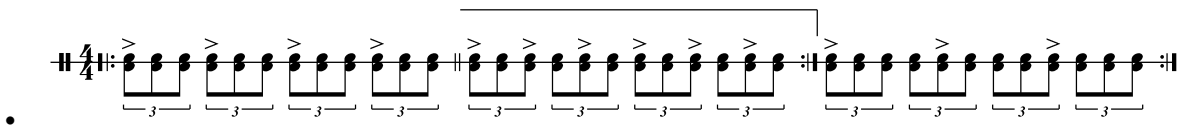
Tempo: 40 – 170bpm

Practice right hand, then left hand:



#### Exercise 2:

Replay using both hands simultaneously; every TWO-hand stroke sounds as a ONE-hand stroke – no flams.

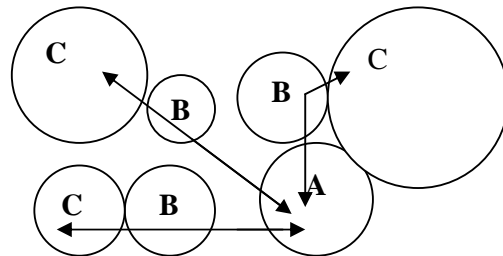
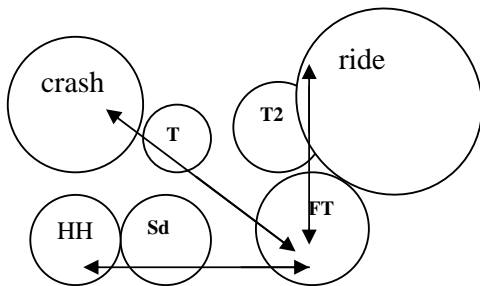
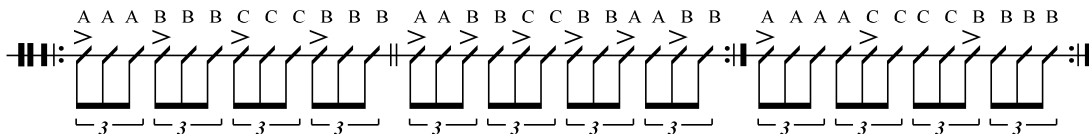


### 2. Warm Up On The Drumset

When playing the drum set, `snare-drum muscles` will extend to become `drum set muscles`. Distance of reach and variances in drum diameters, stick rebound and other factors affecting speed and performance will be overcome this way.

#### Exercise 3 – Single Hand Interpretation

A helicopter perspective of a basic drum set shows us horizontal, vertical and diagonal coordinates, on which three drum set parts could be played. Exercise 1 is now interpreted for the drum set.



Both figures exemplify how to apply the exercise with three elements on the drum set up above. These are only six exercises. Once you start using your imagination you could easily come up with sixty different exercises or variations on the same drum set. Good luck!